

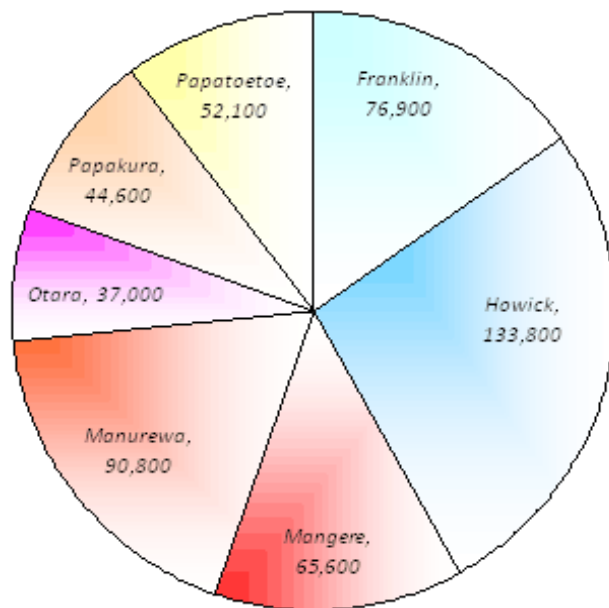
About Counties Manukau District Health Board

Population Profile

Population size

Counties Manukau DHB includes the territorial authorities (TAs) of Auckland, Waikato District and Hauraki District.

Counties Manukau Estimated Population
by Localities, 2011



The estimated Counties Manukau population for 2010 was 490,300, 11.2% of the total New Zealand population. The estimated population for 2011 is 500,800.

 [New Zealand All DHBs Estimated Resident Population 2006-2026](#) [file size=1587KB]

Population Demography and Needs

The [Counties Manukau Population Health Indicators \(2005\)](#), and the [Changing Demography of Counties Manukau DHB \(2008\)](#) and the [Counties Manukau Health Profile \(2001\) documents](#) provide information on the health needs and priorities of Counties Manukau's people. Information is also available in various "[Planning Documents](#)".

Information specifically to each locality across the Counties Manukau District is available under the "[Our Localities](#)" section.

Population Composition

- Counties Manukau has high numbers of Maaori*, Pacific peoples and a relatively youthful population.
- Twenty-five percent of the population is aged 14 or under; 13% of New Zealand children live in Counties Manukau.
- Fertility rates in New Zealand have been reducing in recent years. In Counties Manukau the birth rate has been increasing, possibly due to inward migration of young people intending families seeking affordable housing. This has placed pressure on maternity and neonatal facilities.
- Overall, life expectancy (2008-2010 average) at birth in Counties Manukau is similar to that of the New Zealand average 81 years.

Census of Population
See "Table Builder" on
[Statistics New Zealand website](#).

 [Print version of this page.](#)

Ethnic breakdown of the Counties Manukau (CM) population by number, percentage (and as a percentage of the NZ population), fertility rate, and life expectancy.

	Population (prioritised, 2011)	% of CM population	% of NZ for that ethnicity	Fertility (TFR)	Life Expectancy (2008-2010 average)
Maaori	83,920	17%	12%	3.0	72
Pacific	111,400	22%	39%	1.8	77
Asian	101,280	20%	21%	1.8	83
Other	204,200	41%	7%		

* Prioritised population = each person is allocated to one ethnic group only, in order: Maaori, Pacific, Asian, Other.

** TFR = Total Fertility Rate - the number of children an average female would have over their lifetime based on age-specific fertility rates.

Maaori in Counties Manukau

- Counties Manukau has a high proportion of Maaori (17%); 12% of all New Zealand's Maaori live in Counties Manukau.
- Maaori are more likely to live in the relatively poorer areas of Counties Manukau such as Manukau/Manurewa (27% of the Manurewa population), Otara (18%), Takanini/Papakura (28%) and Mangere/Papatoetoe (16%).
- Maaori women had the highest fertility rates for women aged 20-24 years and for teenagers aged 15-19 years in Counties Manukau between 1999 and 2003. These rates were higher than for all NZ Maaori.
- Maaori life expectancy (2008-2010 average) at birth in Counties Manukau is 72 years, lagging 11 years Non Maaori Non Pacific (83 years).

Pacific peoples in Counties Manukau

- Counties Manukau has a high proportion of Pacific peoples (22%); 39% of all New Zealand's Pacific peoples live in Counties Manukau.
- Pacific peoples are more likely to live in the relatively poorer areas of Counties Manukau. 59% of Pacific live in Mangere and Manurewa (39% of the population of those suburbs), 22% in Otara (64% of the Otara population) and 9% in Papatoetoe (25% of its population).
- Pacific women in Counties Manukau had the highest fertility rates for all women aged 25 years and above between 1999 and 2003. The Pacific fertility rate in Counties Manukau was higher than for all NZ Pacific.
- Pacific peoples life expectancy (2008-2010 average) at birth is 77 years, 6 years lower than for Non Maaori Non Pacific (83 years).

Asian people in Counties Manukau

- Counties Manukau has a high proportion of Asians (20%); 21% of all New Zealand's Asian people live in Counties Manukau. 'Asian' here refers to people of ethnic Pakistani and Indian origin, through to Southeast Asia and East Asia, including the Philippines, Indonesia and Japan.
- Asian women had the lowest fertility rates for teenage women aged 15-19 years in Counties Manukau between 1999 and 2003. The Asian fertility rate in Counties Manukau was higher than for all NZ Asians.
- Along with Europeans, Asian people are more likely to live in less deprived areas (as measured by NZDep06) than the Counties Manukau average – 21% live in areas with a NZDep06 decile of 9 or 10 (relatively high deprivation) compared with 34% for Counties Manukau overall.

Population Growth

The Counties Manukau population is growing at 2-3% per year, an additional 8-12,000 or so residents each year. This rapid growth mirrors growth in the metro-Auckland region, and places a significant load on health service provision.

The population aged over-65 is projected to more than double from 33,800 in 2001 (48,860 currently in 2011) to 74,710 by 2021. It is this group who will place the highest demands on health services.

Total Maaori and Pacific populations are growing and ageing. In addition, diabetes, obesity, smoking and other health issues will increase demands on health services. Counties Manukau has a higher 45-64 year old mortality rate than all New Zealand.



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**Counties Manukau DHB projected population growth by age group,
Statistics NZ (SNZ) medium assumptions.**

	0-14	15-44	45-64	65+	Total
1996	94,130	164,840	68,020	29,970	356,960
2001	104,480	174,410	81,030	33,790	393,710
2006	115,470	200,940	98,530	39,830	454,770
2011	122,690	213,870	115,350	48,860	500,770
2016	130,200	226,310	128,150	61,370	546,030
2021	137,800	241,950	136,830	74,710	591,290
2026	142,480	262,790	140,390	91,100	636,760
% change 01-26	36%	51%	73%	170%	62%

Source: Statistics NZ medium projections, December 2010

CMDHB projected population growth by ethnicity

	Maaori	Pacific	Asian	Other	Total
1996	60,840	59,000	28,220	208,900	356,960
2001	69,230	78,550	47,940	197,990	393,710
2006	76,060	95,430	79,060	204,220	454,770
2011	83,920	111,390	101,280	204,180	500,770
2016	91,860	126,930	122,580	204,660	546,030
2021	99,430	142,520	144,530	204,810	591,290
2026	107,170	158,340	166,380	204,870	636,760
% change 2001-26	55%	102%	247%	3%	62%

Source: Statistics NZ medium ethnic-specific projections with modification, December 2010

Ethnicity is prioritised in the order given in the table.



Socio-economic Status

- Nearly 34% of the Counties Manukau population (i.e. 170,260 people) are living in areas that are very deprived, (based on the NZ Deprivation Index 2006(NZDep06) with deciles 9 and 10 being the 20% relatively most deprived areas in New Zealand).
- Maaori and Pacific residents of Counties Manukau are concentrated in decile 9 and 10 areas – 57% of all Counties Manukau Maaori and 73% of Counties Manukau Pacific people.
- 43% of the 0-14 year olds in Counties Manukau live in decile 9 and 10 areas.
- The high proportion of the Counties Manukau population living in deprivation has a significant impact on health and health service provision. For example, Counties Manukau has a high rate of illness related to overcrowded housing and this has resulted in the highest number of hospitalisations for these illnesses in New Zealand. Maaori and Pacific residents of Counties Manukau DHB have relatively higher rates of hospitalisation that the NZ average while Asian and Europeans have a lower rate than the NZ average.



*Counties Manukau District Health Board has adopted the Tainui spelling of Maaori and whaanau where appropriate throughout our website.